

July 2024

Volume 1 Issue 7

Senior Center News

Published Monthly by:
Dodge City Senior
Center, Inc.

Location:
2408 Central Ave.
Dodge City, KS 67801

Phone:
620-338-8863

Hours:
8:00-5:00 M-F
(When the schools are
closed because of bad
weather, the Senior
Center is also closed)

After hours scheduling
and weekend scheduling
are available upon
request to the Executive
Director.

Executive Director:
Roxanne Hornberger

Rick Roenfeldt, Chair
Shelly Dowling, Vice
Chair

Connie Hatfield,
Secretary
Leta Henry, Treasurer

Board Members:
Rosa Chihuahua
Brenda Giessel
Terry Malone
Rosa Taylor
Bobby Woolwine

FRIENDSHIP MEALS ARE SERVED MONDAY THROUGH FRIDAY AT THE DODGE CITY SENIOR CENTER. THE MONTHLY MENU IS ON THE ADDRESS PAGE OF THIS NEWSLETTER. RESERVATIONS ARE REQUIRED AT LEAST A DAY IN ADVANCE. Call Karina San Juan at 225-0417 by 1:00 p.m. no later than the day before you plan to eat. If you plan to eat on Monday, please call on Friday

Roxanne's Remarks

The Dodge City Senior Center (DCSC) hosted the following groups during June

- Bridge Club
- Duplicate Bridge
- Extension Groups
- Kansas Legal Services
- AWI
- Meals on Wheels
- Community Concert
- Women's Bible Study
- Retired Teachers
- OKEP

If you are a member of a group looking for a place to meet, give us a call at 338-8863. We'll work with you to find a time to meet.

Newsletter and Menu

Please go to our website which is now up and functioning, thanks to Tom Barnes, <http://www.dodgecityseniorcenter.org/> for the menu, calendar and other information about the Senior Center.

A copy of the current newsletter is available at the front desk.

July Gibson's

AAA Defensive Driving

July 11

10:00 – 3:00

Cost is \$20 per person

You must reserve your
spot

Most insurance companies will offer a discount on premiums for completion of the course. If you have lost your license for any reason, this will NOT enable you to have it reinstated.

July 13 BrookDale July 18 Beltone

(they will clean hearing
aids)

BINGO

July 15 – 1:30. You will need to bring one non-perishable food item for each BINGO card.

DANCE July 19

6:30. There is a \$6 fee. You may bring finger foods if you like. Please help clean up after the dance. These are staffed by volunteers.

Wednesday Movies

NetFlix – you may choose from many movies with this program. The TV is also available at any time if you would like to just sit and watch a movie.



Individual instruction for anyone needing iPad, iPhones etc. is available. Please call the office and I will get you scheduled. Everything at the Center is come and go at your own convenience. If there is something you would like to see take place at the Center please feel free to make suggestions!

The Center is available for you to just come in and cool off!!

The last rummage sale of the season will be early September. Items after the sale will not be accepted. As much as we appreciate your donations, we do need to keep the hallway clean.

IF YOU DO FIND (AND SOMEONE WILL) A MISTAKE IN THE NEWSLETTER, PLEASE CONTACT THE OFFICE AND VISIT WITH THE SECRETARY.

REFER TO THE ENCLOSED JULY CALENDAR FOR ALL ONGOING ACTIVITIES AT THE DODGE CITY SENIOR CENTER

Dodge City Senior Center Ongoing Activities

IN ORDER TO VOTE FOR A BOARD MEMBER, YOU MUST ATTEND AT LEAST THREE TIMES IN A SIX MONTH PERIOD.

- **Exercise Program – Monday, Wednesday and Friday, 9:30 - 10:30 a.m.** Tracy Lurch is in charge of this program.
- **Line Dance – Tuesday, 1:30 p.m.**
You do not need to be coordinated to have fun!
Line dancing provides the opportunity for fellowship and opportunities to perform in the community.
- **Pool and Snooker –Monday – Friday**
- **Movies – NetFlix – available all the time. Wednesday 1:00 pm is a scheduled movie time with popcorn**
- **Cards** are available at all times; however, if you want to play at a time not regularly scheduled below, you need to bring your own partner.
- **PINOCHLE – Monday & Friday 1:00**
- **BINGO Third Monday 1:30**
- **Mexican Train – Thursdays at 1:00**

Dodge City Senior Center July Activities

- July 4th – Center Closed
- OKEP July 10 & 24
- BrookDale – July 11
- Kansas Legal Services – July 19
- July 18 Beltone
- Blood Drive July 18 & 19
- Dance – July 19

Services/Equipment Available at Dodge City Senior Center

- Kansas Legal Services. This is a free service. You must call the Senior Center to make an appointment.
- Notary (please call and schedule)
- Library
- Paper Shredder
- Wig Program for Cancer patients
- Pool and Snooker Tables
- Nautilus 4000
- Board Games (Dominos, Trivial Pursuit, Skip Bo, Uno)
- Exercise Room (Treadmill, Stationary Bicycles, Gazelle, Elliptical)



July 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 9:30 Exercise 1:00 Pool 1:00 Pinochle 7:00 Duplicate	2 1:00 Pool 1:30 Line Dance	3 9:30 Exercise 12:00 Women's Salad Luncheon 1:00 Pool 1:00 Bridge Club 1:00 Movie	4	5 9:30 Exercise 10:00 Legal Aid 1:00 Pool 1:00 Pinochle	6
7	8 9:30 Exercise 1:00 Pool 1:00 Pinochle 7:00 Duplicate	9 1:00 Pool 1:30 Line Dance	10 9:30 Exercise 10:00 OKEP 1:00 Pool 1:00 Bridge Club 1:00 Movie	11 AAA Defensive Driving 10-3 12:00 Brookdale 1:00 Mexican Train 1:00 Pool	12 9:30 Exercise 10:00 Legal Aid 1:00 Pool 1:00 Pinochle	13
14	15 9:30 Exercise 1:00 Pool 1:00 Pinochle 7:00 Duplicate	16 1:00 Pool 1:30 Line Dance	17 9:30 Exercise 1:00 Pool 1:00 Bridge Club 1:00 Movie	18 11:45 Beltone Blood Drive 1:00 Mexican Train 1:00 Pool 7:00 Duplicate	19 Blood Drive 1:00 Pool 1:00 Pinochle DANCE	20
21	22 9:30 Exercise 1:00 Pool 1:00 Pinochle 1:30 BINGO 7:00 Duplicate	23 1:00 Pool 1:30 Line Dance	24 9:30 Exercise 10:00 OKEP 1:00 Pool 1:00 Bridge Club 1:00 Movie	25 1:00 Mexican Train 1:00 Pool 7:00 Duplicate	26 9:30 Exercise 1:00 Pool 1:00 Pinochle	27
28	29 9:30 Exercise 1:00 Pool 1:00 Pinochle 7:00 Duplicate	30 1:00 Pool 1:30 Line Dance	31 9:30 Exercise 1:00 Pool 1:00 Bridge Club 1:00 Movie			



July 2024

Monday	Tuesday	Wednesday	Thursday	Friday
<p><u>1</u> Goulash Mixed Vegetables Mixed Fruit Rice Crispy Treat Dinner Roll</p>	<p><u>2</u> Scrambled Eggs Bacon Biscuit and Gravy Orange slices</p>	<p><u>3</u> Chicken Salad wrap Pasta Salad Sliced carrots and celery Pineapples</p>	<p><u>4</u> CLOSED Happy 4th of July</p>	<p><u>5</u> Chicken Spaghetti Green Beans Dinner Roll Cookie</p>
<p><u>8</u> Sloppy Joe w/ bun Mac and Cheese Beets Cinnamon Roll</p>	<p><u>9</u> BLT sandwich Cottage Cheese Fresh broccoli Vanilla Pudding</p>	<p><u>10</u> Tilapia Scalloped potatoes Cooked Carrots Fruit Cobbler Dinner Roll</p>	<p><u>11</u> Cooks Choice</p>	<p><u>12</u> Crack chicken casserole 5 way vegetable Jello w/ fruit Dinner roll</p>
<p><u>15</u> BBQ Chicken Breast Cheesy diced potatoes Garlic green beans Peaches Dinner Roll</p>	<p><u>16</u> Hann Salad Sandwich Toss Salad w/ dressing Blushing Peaches</p>	<p><u>17</u> Lasagna Corn Breadstick Pudding</p>	<p><u>18</u> Beef Burrito Mexican Rice Fruit Piling Tortilla Chips</p>	<p><u>19</u> Chicken Tenders Mashed Potatoes w/ gravy Peas Dinner Roll</p>
<p><u>22</u> Hamburger w/ lettuce & tomato Chips Carrot & Raisin Salad Ice Cream</p>	<p><u>23</u> Chicken Cordon Wild Rice Green beans Dinner roll Yogurt cup</p>	<p><u>24</u> Breaded Crab Cakes Buttered Pasta Toss Salad/dressing Cinnamon Roll</p>	<p><u>25</u> Cooks Choice</p>	<p><u>26</u> Meatloaf Mashed Potatoes w/ gravy Green Peas Poke Cake Dinner Roll</p>
<p><u>29</u> Goulash Mixed Vegetables Mixed Fruit Rice Crispy Treat Dinner Roll</p>	<p><u>30</u> Scrambled Eggs Bacon Biscuit and Gravy Orange slices</p>	<p><u>31</u> Chicken Salad wrap Pasta Salad Sliced carrots and celery Pineapples</p>		